

OAKLEIGH PARK LAWN TENNIS & SQUASH CLUB

100 Oakleigh Road North, London N20 9EZ

Answerphone: (020) 8445 7221

GYM MEMBERSHIP APPLICATION FORM

FULL NAME:

ADDRESS

TEL: NO: Home: Work:

If this is part of a family application please give names and relationship:

.....

I agree to abide by the club's rules and bye-laws.

Signature: _____ Date: _____

SEND THIS APPLICATION FORM AND A COMPLETED REGISTRATION FORM, TOGETHER WITH A CHEQUE MADE PAYABLE TO OPLTSC, TOGETHER WITH A SELF ADDRESSED ENVELOPE TO HEALTH & FITNESS STUDIO MEMBERSHIP SECRETARY, OAKLEIGH PARK LAWN TENNIS & SQUASH CLUB, 100 OAKLEIGH ROAD NORTH, LONDON N20 9EZ.

SUBSCRIPTION AS AT 1st March 2009

HEALTH & FITNESS STUDIO:

£257p.a.

Any members joining part way through the year will pay annual subscription on a pro-rata basis.

Discounts: Where families are resident at one address, there is a discount of 10% for two or more members.

THE ABOVE FEES ARE VALID UNTIL MARCH 2010

TERMS AND CONDITIONS OF MEMBERSHIP

CONSTITUTION: The Oakleigh Park Health and Fitness Studio is part of Oakleigh Park Lawn Tennis and Squash Club who shall act at all times through it's committee.

MEMBERSHIP: Anyone seeking membership of the Club must complete such documentation as the Committee shall determine from time to time. The Committee shall have absolute discretion without being obliged to give reason in deciding whether or not to accept any application. Following acceptance of an application the club will provide the member with a membership card which will remain the property of the club and upon termination of membership for whatever reason, will be returnable to the club. Membership of the club is personal to the member and shall not be assigned, transferred or otherwise disposed of.

MEMBERSHIP SUBSCRIPTIONS: The appropriate subscription payment for the period of membership must be accompanied by the completed membership and registration forms. Membership of the Health & Fitness Studio also gives social membership to Oakleigh Park Lawn Tennis & Squash Club.

TERMINATION OF MEMBERSHIP: The committee may terminate the membership of any member at their absolute discretion and without giving reasons for so doing but will only do so if they consider that a members has committed a serious or repeated breach of any regulations of the club issued by the committee from time to time or if the committee consider that the particular membership is not in the best interest of the club. In the event of a membership being terminated for whatever reason no refunds shall be due to the member other than at the absolute discretion of the Committee.

LIMITATIONS OF LIABILITY: In consideration of the club accepting an application for membership the member shall indemnify the club and committee for any loss damage or theft of personal property belonging to the member or any guest of the member occurring in or around the premises of the Club, save where such occurs due to the negligent act or mission of the Committee or any agent or employee of the Club. The Club and the committee shall not be responsible for any death or injury occurring at the Club or as a result of the use of any facilities or equipment provided by the Club.

USE OF THE CLUB: In accepting membership, the member agrees to comply with the rules and regulations of the club as issued from time to time by the committee and to use the Club and it's facilities in a proper and prudent manner and shall indemnify the club against any damage or destruction of the Club or its Facilities, defaults or wrongful act of the member

OAKLEIGH PARK LAWN TENNIS & SQUASH CLUB

GYM REGISTRATION FORM

NAME:

ADDRESS:

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As a member of The Oakleigh Park Health & Fitness Studio ("The Studio"), owned by Oakleigh Park Lawn Tennis & Squash Club ("The Company"), I hereby acknowledge that I use any facility of The Studio at my own risk and with limitation thereto the gymnasium and all equipment therein.

I hereby indemnify "The Company" from any liability (other than such as may be caused by the negligence of staff) howsoever and wheresoever arising as a result of my using any facilities of The Studio.

Signature of Member:.....

Date:.....

THE OAKLEIGH PARK PRE-EXERCISE SCREENING QUESTIONNAIRE

For most people physical activity should not present any hazard. This screening questionnaire has been developed to identify the small number of adults for whom problems may exist. We recommend that you seek medical advice if the answer is 'yes' to any of the following questions (please delete):

Has your doctor ever said that you have a heart condition and recommended only medically supervised physical activity? YES/NO

Do you have chest pain brought on by physical activity? YES/NO

Do you tend to lose consciousness or fall over as a result of dizziness? YES/NO

Has a doctor ever said that your blood pressure was too high and/or recommended medication for a heart condition? YES/NO

Do you have a bone or joint problem that could be aggravated by the proposed physical activity? YES/NO

Are you aware, through your own experience or a doctor's advice, of any other physical reason why it would be inadvisable for you to exercise without medical supervision? YES/NO

Is there any possibility that you are pregnant? YES/NO

If you answer "YES" to one or more of the above questions, please seek medical advice before joining

THIS IS AN UNSUPERVISED GYM. PLEASE NOTE THAT YOU DO USE THE EQUIPMENT AT YOUR OWN RISK.