

Oakleigh Park Lawn Tennis & Squash Club

Adult Tennis Coaching Programme Spring 2020



100 Oakleigh Road North, London N20 9EZ
 tenniscoaching@oakleighparkclub.co.uk
 Enquiries to 0208 445 7221 or 07801 042 387



Adult Tennis Coaching Programme Spring Term 2020

Monday 6th January – Sunday 5th April (12 week course)
 Half Term: 17th – 23rd February 2020

Day	Time	Course	Member	Non Member	Coach
Monday	19.30 – 21.00	Men's Team Practice	£8 per session	N/A	Andy
Tuesday	09.30 – 10.30	Improvers	£108	£132	Neil
Tuesday	19.30 – 21.00	Ladies Team Practice	£8 per session	N/A	Andy
Wednesday	09.30 – 11.00	Cardio Tennis	£156	£180	Neil
Thursday	19.00 – 20.00	Pay and Play and Social (drop in) Beginner/Improver	Free as part of membership	£12 per session	Andy
Sunday	10.00 – 11.00	Improvers	£108	£132	Neil
Sunday	10.15 – 11.15	Beginners	£108	£132	Andy

For Bookings or any further information please contact
 Juliet West on **07801 042 387** or email

tenniscoaching@oakleighparkclub.co.uk

Booking essential for all Courses (excluding Pay and Play)