



Oakleigh Park Tennis & Squash Club - Weekly Timetable



Mon	Tues	Wed	Thurs	Fri	Sat	Sun
7.30pm – 9pm Men's Team Training Tennis – Members Only	9.30am – 11am Improvers Tennis Coaching Members & N-M	4pm – 6.30pm Junior Tennis Coaching Members & N-M	11am Social Tennis – All Players Members	9.45am – 12 Racketball Social Play – All standards Members & N-M	9am – 2pm Junior Tennis Coaching Members & Non-Members	10am – 11am Adult Tennis Coaching Members & N-M
7.15pm – 8.15pm Women's Only Squash Coaching Members & N-M	11am Social Tennis – All Players Members	7pm Social Tennis – Experienced Players Members	6pm – 7pm Junior Tennis Coaching Mini Team Training Members	4pm – 4.45pm Junior Tennis Coaching Members & Non- Members	9am – 10am Junior Squash Coaching – Beginners Members & N-M	11am – 12 Junior Tennis Coaching - Performance Members & N-M
	4pm – 5.45pm Junior Tennis Coaching Members & Non- Members	7.30pm – 8.30pm Squash 101 Beginners Members & N-M	4.30pm – 5.30pm Junior Squash Coaching – Beginners Members & N-Members	5.30pm – 6.15pm Junior Tennis Coaching Members & Non- Members	10am – 11am Junior Squash Coaching – Intermediate Members & N-M	4.30pm – 6pm Junior Squash Club Night - Social Play Members & Non- Members
	6.30pm – 7.30pm Junior Team Training – Members Only	8.30pm – 9.30pm Squash 102 Intermediate – Members & N-M	5.30pm – 6.30pm Junior Squash Coaching – Intermediate Members & N-Members	6.45pm – 9pm Squash Club Night - Social Play Members & Non-Members	2pm – 4pm Social Tennis – Experienced Players Members	6pm – 9pm Squash Club Night - Social Play Members & Non- Members
	7.30pm – 8.30pm Pay & Play Tennis – Members FREE & Non-Members £12		6.30pm – 7.30pm Junior Squash Coaching – Academy Members & N-Members		2.15pm – 3.15pm Pilates with GT Pilates – Members & N-M Booking via Georgette	
	From 8.30pm Social Play Tennis		7pm – 8.30pm Ladies Team Training Tennis – Members Only		3.45pm – 5.15pm Racketball Social Play – More advanced players – Members & Non-Members	
			7.30pm – 9.45pm Squash Coaching – Intermediate & Advanced			