



# Oakleigh Park Lawn Tennis & Squash Club Adult Tennis Coaching Programme Spring 2024

100 Oakleigh Road North, London N20 9EZ

Enquiries to [tenniscoaching@oakleighparkclub.co.uk](mailto:tenniscoaching@oakleighparkclub.co.uk)

0208 445 7221 or 07833 247 189

Bookings via website [www.oakleighparkclub.co.uk](http://www.oakleighparkclub.co.uk) or scan QR Code below

**Saturday 6th Jan – Thursday 28th Mar 2024 (11 weeks)  
Half Term: 12th – 16th Feb**



Day	Time	Course / Session	Member	Non Member	Coach
Monday	19.30 – 21.00	Men's Team Practice	£8 per session	N/A	Andy
Tuesday	19.30 – 20.30	Pay and Play and Social (Beginner/Improver players)	Free as part of membership	£12 per session	Andy
Thursday	19.00 – 20.30	Ladies Team Practice	£8 per session	N/A	Andy / Michael
Friday	18:30 - 19:30	Cardio Tennis	£8 per session	£10 per session	Stavros
Saturday	11:00 - 12:00	Cardio Tennis	£8 per session	£10 per session	Michael
Saturday	14.30 - 16.30	Social Tennis (Improvers / Advanced players)	£2 per session	N/A	Stavros
Sunday	10.00 – 11.00	Advanced	£110	£132	Neil
Sunday	10.00 – 11.00	Improvers	£110	£132	Andy / Joseph
Sunday	10.00 – 11.00	Beginners	£110	£132	Andy / Joseph

For any further information please contact

Andy Ratnage on **07833 247 189** or email [tenniscoaching@oakleighparkclub.co.uk](mailto:tenniscoaching@oakleighparkclub.co.uk)

**Booking essential for all Courses**