



**NEW
SEASON
11 SEPT**

LADIES

SQUASH COACHING

MONDAYS

7:30 - 8:30

(30 mins open play until 9pm)

DROP IN PER SESSION -

MEMBERS £8 / NON MEMBERS £10

**max 8/session, pay online & register weekly on what's app
group**

(scan qr codes below)

**coaching game format, conditioned games, team play, fun
ladder challenge league & lots of laughter**

