



Squash 103 Improvers Adults Coaching

THURSDAY'S 7.30PM - 8.30PM

**Members - £8
Non-Members £10**

Max 8 places per session
Places must be paid online weekly before each
session

Scan QR link below to book
Early booking is recommended to secure place each
week!

Please ensure you wear non-marking footwear!

Please scan to go to the
online booking area.



SQUASH
is for
EVERYONE

You don't need to be the fittest, the
strongest or the most skilled to play squash.

ENGLAND
squash

REASONS TO PLAY #7