



Oakleigh Park Lawn Tennis & Squash Club

Adult Tennis Coaching Programme Autumn 2024

100 Oakleigh Road North, London N20 9EZ

Enquiries to tenniscoaching@oakleighparkclub.co.uk

0208 445 7221 or 07833 247 189

Bookings via website www.oakleighparkclub.co.uk or scan QR Code below

Monday 9th Sept – Sunday 15th Dec 2024 (13 weeks)
Half Term: Mon 28th Oct - Fri 1st Nov



Day	Time	Course / Session	Member	Non Member	Coach
Monday	19.30 – 21.00	Men's Team Training	£8 per session	N/A	Stavros
Tuesday	19.30 – 20.30	Pay and Play and Social (Beginner/Improver players)	Free as part of membership	£12 per session	Andy
Thursday	19.00 – 20.30	Women's Team Training	£8 per session	N/A	Andy / Michael
Saturday	11:00 - 12:00	Cardio Tennis	£8 per session	£10 per session	Andy
Saturday	14.30 - 16.30	Social Tennis (Improvers / Advanced players)	£2 per session	N/A	Stavros
Sunday	10.00 – 11.00	Advanced	£130	£156	Neil
Sunday	10.00 – 11.00	Improvers	£130	£156	Andy / TBD
Sunday	10.00 – 11.00	Beginners	£130	£156	Andy / TBD

For any further information please contact

Andy Ratnage on **07833 247 189** or email tenniscoaching@oakleighparkclub.co.uk

Booking essential for all Courses