

OAKLEIGH PARK TENNIS, SQUASH & GYM

OPEN DAY

SATURDAY 22ND OF MARCH 12PM to 3.30PM





Open 7 days a week from 8am until 10pm

We are a local, family friendly Sports Club.

- 10 tennis courts
- 4 squash courts
- Fully equipped gym
- Fully licenced bar

We run various group and individual coaching sessions

- Adult & Children group coaching programmes for tennis & squash
- Women's only squash coaching
- Holiday camps for tennis & squash
- Club nights for Tennis, Squash & Racketball













Bar & Kitchen open for light snacks and refreshments.

OPEN DAY ACTIVITIES ALL WELCOME

12pm - 1pm	Adult Tennis Freeplay
12pm - 1pm	Mini & Junior Tennis Coaching (4 - 17 Years)
12pm - 1pm	Squash & Racketball Free Play
1pm - 2pm	Mini & Junior Tennis Freeplay
1pm - 2pm	Junior Squash Coaching
1pm - 1.30pm	Adult Tennis Coaching
1.30pm - 2pm	Cardio Tennis
1.15pm - 3pm	Pilates Taster Drop In (bring own mat)
2pm - 2.30pm	Squash Exhibition Matches
2pm - 3pm	Pickleball
2pm - 3pm	Mini & Junior Tennis Coaching (4 - 17 Years)
2.30pm - 3pm	Gym Adult Bootcamp
2.30pm - 3.30pm	Squash Free Play & Mini Club Night
3pm - 3.30pm	Gym Junior Bootcamp
3pm - 3.30pm	Tennis Fastest Serve Competition

Tennis shoes/trainers only on tennis courts & Non marking soled trainers only for squash courts.

